



PEP Me
— EAST RAND —

ENHANCING QUALITY OF LIFE THROUGH SCIENCE

EDUCATE • EMPOWER • ELEVATE • EVOLVE

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NAD+ THE CELLULAR FUEL BEHIND ENERGY & LONGEVITY

CLEAN RESEARCH REFERENCE • EDUCATIONAL OVERVIEW • NOT MEDICAL ADVICE



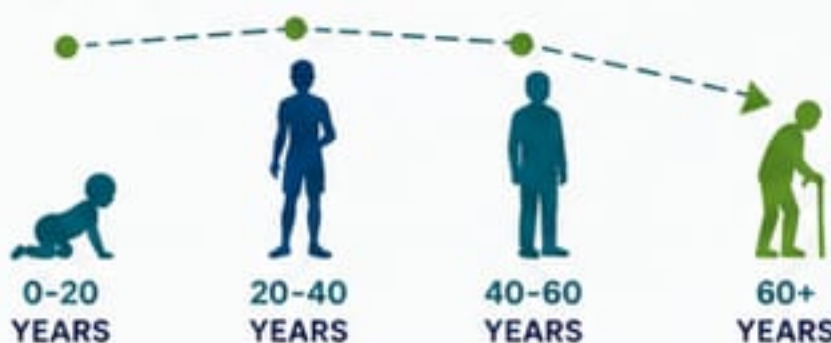
WHAT IS NAD+?



NAD+ (Nicotinamide Adenine Dinucleotide) is a **coenzyme** found in **every cell** of your body. It plays a critical role in energy production, DNA repair, cellular communication and overall metabolic function.

NAD+ LEVELS DECLINE WITH AGE

NAD+ levels naturally decline as we age, which may contribute to fatigue, slower recovery and age-related diseases.



WHY IT MATTERS



Energy Production

Essential for converting food into cellular energy.



DNA Repair

Supports the body's natural ability to repair DNA and maintain genomic stability.



Mitochondrial Support

Helps maintain healthy mitochondria and optimal cellular function.



Healthy Aging

Researched for its role in longevity, cognitive function and age-related decline.

HOW NAD+ SUPPORTS YOUR BODY



Supports
Energy &
Stamina



Supports
Brain & Cognitive
Function



Supports Muscle
Recovery &
Performance



Supports
Immune
Function



Supports
Metabolism &
Fat Utilization

HOW TO SUPPORT NAD+ LEVELS



Healthy
Nutrition



Regular
Exercise



Quality
Sleep



Hydration



Stress
Management



NAD+
Supportive
Peptides



KEY TAKEAWAY

NAD+ is fundamental to cellular energy, repair and long-term health. Supporting your NAD+ levels may help you feel better today and protect your health for tomorrow.



**WE BELIEVE IN
GUIDANCE & EDUCATION**
Because informed decisions matter.

✓ NO MEMBERSHIP FEES
✓ NO SUBSCRIPTIONS
✓ JUST GUIDANCE & EDUCATION



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FOR EDUCATIONAL PURPOSES ONLY. NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.